

Sustainable Nutrition Workshop
January 19, 2017

Hosted at: LCIRAH/ LIDC [36 Gordon Square, Kings Cross, London WC1H, UK](#)

Agenda

8:45 am – 9:30 am Introduction

- Welcome remarks *Bhavani Shankar, PhD, SOAS, University of London*
- Introduction of participants
- Presentation of workshop
Mireille Mclean, MA, MPH, The Sackler Institute for Nutrition Science
- Brief presentation of Unilever Sustainable Living Plan and review of workshop's objectives
Annie Heremans, MD, PhD, Unilever

9:30 am – 11:00 am Session 1: Key parameters for nutrition and sustainability: what variables influence sustainable food and can be modified by manufacturers?

Session facilitated by: Jessica Fanzo, PhD, Johns Hopkins University

9:30 – 10:00

What are modifiable factors that support sustainable nutritious food production from minimally to substantially processed food, and consumption?

Tara Garnett, PhD, Food Climate Research Network, Oxford University Centre for the Environment

10:00 – 10:15

Discussant: Challenges specific to low income countries: infrastructure, policy and data.

Discussion led by session facilitator Jessica Fanzo.

10:15 – 10:45

Discussion

10:45 – 11:15 am: Coffee break

11:15 – 1:00 pm Session 2: Behavior change dimensions: what are the drivers of behavior change and how to use them to support change towards sustainable, nutritious food?

Session facilitated by: Alan Dangour, PhD, the London School of Health and Tropical Medicine

11:15 – 11:45

Drivers of change for consumers and perceptions of health and sustainability

Jennie I Macdiarmid, PhD, Rowett Institute, University of Aberdeen

11:45 – 12:15

Applications of behavior change research: role of nudges in supporting healthier and sustainable choices and how to adapt manufacturers' approach to integrate communication in product development.

Klaus Grunert, PhD, Aarhus University

12:15 – 1:00

Discussion

1:00 – 1:45 pm: Lunch break

1:45-3:30 pm Session 3: Data and modeling: are needed data available? What are user-friendly tools to develop scenarios and monitor impact of change from a manufacturer's standpoint?

Session facilitated by: Bhavani Shankar, PhD, SOAS, University of London

1:45- 2:15

"Measuring environmental footprint using Life Cycle Assessment to guide decisions in terms of selecting/sourcing raw ingredients: lessons learned and application for manufacturers"

Shabbir Gheewala, PhD, The Joint Graduate School of Energy and Environment, Centre of Excellence on Energy Technology and Environment, King Mongkut's University of Technology, Thonburi

2:15 – 2:45

Nutrition in Life Cycle Assessment and systems effects of dietary changes

Ulf Sonesson, PhD, SP Technical Research Institute of Sweden

2:45- 3:30

Discussion

3:30 -3:45 Coffee break

3:45– 5:30 Session 4 –Breakout session and facilitated plenary discussion- lessons and next steps

Session facilitated by: Gilles Bergeron, PhD, The Sackler Institute for Nutrition Science

3:45 -4:30

- **Group 1: Tentative topic** - Targets for nutritional quality and sustainable food manufacturing, knowledge gaps and current initiatives to address them
- **Group 2: Tentative topic** - Recommendations to support change across the value chain and among consumers? What are the knowledge gaps and current initiatives to address them?

4:30 – 5:15

Group presentation and plenary discussion

5:15 – 5:30 Wrap up and conclusion

Bibliographic resources are available [here](#)